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Issue 5 Volume 7

Rye Harbour Newsletter Compiled By & For The Residents

NEXT MONTH'S DEADLINE FRIDAY 15TH FEBRUARY

Editor's Comments ood to be back finally, as probably most of you are aware now my mother died at the end of the village hall I was November and due to a combination of that and a couple of other major erect the Christmas tree last year, at the dirt that factors affecting my life at that time, is the

couple of months. I would like to thank you all, for your support and kind words and messages, thank you. However due to normal losses of advertising at this time of year and with the two month break, sweep it was still very unclean, hopefully this the newsletter will be severely struggling

financially for the next couple of months, so please bear with me whilst I attempt to get back on track. I would like to commend Julie for all her hard work throughout the year organising jumble sales and raising monies to pay for the Children's Christmas Party to which she has agreed to add funds for the Senior Citizens Christmas Party this year, so more local support would be great to

raise the extra funds. Whilst on the subject of

amazed when Julie and I went in the hall to exuberated from the floor, it was absolutely reason that the newsletter has been on hold for a filthy also while we were

> spreading the decorations liberally, someone came in who was to hire the hall that evening. On the day of the party the floor was still disgusting and although we gave it a quick situation has been dealt with now as it not a very good representation for Rye Harbour

It's good to see the rest of the foot and cycle path being completed finally, although there appears to be one or two gaps still at the moment. No Valentines competition this year I'm afraid, due to circumstances but maybe I can do another competition later on this year with a free meal for two at 'Simple Italian' Rye.

Special

- ♦ What's On
- ♦ Comments & Letters
- ◆ Church News
- ♦ Family News

Report

- ♦ Tide Timetable
- ♦ Harbour Masters
- ♦ Rye Harbour Football Club
- ◆ Shop Times
- ♦ Cardboard Waste Recycling at shop

Features

♦ Nature Reserve

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- ♦ Fishing News
- ♦ Neighbourhood Watch Update
- ♦ Rye Harbour Lifeboat Report
- ♦ Parish Council
- ♦ Rye Harbour Village Hall Hire
- ◆ Rye & District Lions Report
- ♦ National Trust Monthly Calendar

26



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Yoga For You

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Don't Forget To Order **Your Chickens**

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DISPOSAL OF CARDBOARD

Bogdan has very kindly offered a cardboard recycling collection point for residents of Rye Harbour Only. Cardboard must be dropped into the shop between 4pm & 5pm on Thursdays only.







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FROM THE HARBOUR MASTERS CHAIR

2008 and a belated

happy new year to harbour users.

Perhaps not so late for the Chinese new year begins on February 9th (Year of the Rat). It seems ages since a news letter was printed that's probably because of Marcus is not being to well. We all hope for a speedy recovery and that he is fully "On line" soon. We, at the harbour office found ourselves with some old machines, a Microwave cooker and fridge. Rother contacted and for £48 took away these articles for re-cycling.

Its not many years ago that such detritus would have been taken to sea and dumped near the Rye Fairway Buoy, an acceptable practice in those far off days. The area to the north of the buoy is a renowned "Foul ground" area for years used by boat owners to dump old gear etc.

December witnessed the entire Waterways team of the Environment Agency travelling to Scotland to visit the "Falkirk" wheel, a rotating arm that lifts barges 150 feet from the Clyde Forth canal to the Union canal from Edinburgh.

This £200m project has breathed new life into the canal systems of Scotland The Medway team were



particularly interested as they are also looking into developing the river system from Maidstone to Tonbridge Talking of developments we are in the early stages of designing new cat walks to both sides of the river to replace the existing RNLI platform and the visitors reception moorings on the harbour office side. Both these walkways provide visitors landing facilities but have the disadvantage of going under water on the "big" tides. We intend to raise the walkways by some 2 feet and possibly re-route the rnli slipway platform along the back to join the crews access platform thus making the land accessible at all states of the tide, watch this space as the project develops. A private meeting during January of M. Amanda Hamblin, the High Sheriff of East Sussex, she came to visit Ronnie Simmons, Fisherman's rep, at his home prior to a tour of the Fish moorings. She was most interested in the project and has made a commitment to help the fishing industry whenever she can.

The high winds during the early part of January(Tuesday 15th we recorded 70 knots!) have left their toll at the harbour. A number of beacons have been destroyed together with the office garage door and fences around the houses. Repairs are in hand to make amends. Strong winds necessitated the cancelling of the Sailing clubs annual "Rum Race" for dinghies. This most prestigious race usually attracts upwards of 25 craft not only from the Rye club but from other clubs along the coast. Planning is well advanced for the Rye Maritime Festival (August 3rd), a day for the

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whole family at the Strand Quay. We are hoping the restored fishing vessel "Excelsior" v

we are noping the restored fishing vessel "Excelsior" will attend after several years absents. This 95 feet long

(Continued on page 25)

Harbour Master's Comments Cont.

(Continued from page 4)

sailing and fishing vessel will be open to the public and may be offering berths when she sails, probably to Bologne.

The annual London Boat show took place at the Excel buildings in Docklands near the London airport. This is a massive venue with every type of nautical vessel and equipment, including HMS Exeter, on display. For the first time in years the Environment Agency did not feature with a stand. There were some adverse comments about this from members of the public.

TIMBER!!

It didn't happen at Rye on the same scale as at Worthing and Brighton. A few pieces arrived

on the beaches of Camber and Pett Level but not of any significances to warrant the attendance of the MCA and Police. Who is going to pay the huge costs of the clear at those aforementioned beaches?

Finally I attended the prize giving for winners of the Rye Raft Race for 2007. This was at the "Green Owl" Camber who swept the board with 3 prizes. Out right winners, Best raft and best Pub raft. See you all at next year's race, Sunday 20th July.

CARL BAGWELL Captain Harbour Master

Parish Council News

he November meeting was held in the Rye Harbour village hall on November 12... The main item on the agenda was to discuss next year's budget; unfortunately this had to be postponed until next month due to a point of order raised by one of the councillors from Winchelsea. The children's play ground behind the village hall has at last moved forward and the company that will be installing the equipment has been chosen and will hopefully be starting work early in the new year, Traffic problems within the village were also discussed and it was agreed with ESCC that they carry out a speed survey within the 30mph section of the village some time during January, this will be over a 7 day period and will take place over 24hrs time span. (You will not be informed when this will be taking place). I would like to remind you that you are welcome to attend Parish Council meeting is it your chance to ask questions of not only your local parish councillors but also Councillors from both Rother and County Council who normally attend Parish Council Meetings.

I would also like to remind you that I can be reached on 01797 223560 or charles@bronsdon.fslife.co.uk

Charles Bronsdon (Chairman Icklesham parish Council)

Hire The Village Hall



If you would like to book the Village Hall for a party or some other gathering then visit the web site at www.ryeharbourvillagehall.co.uk. You will be able to view hall availability and other information relating to the Village Hall. The hall can be hired for £5 per hour for Village residents and £8 per hour for non-Village residents, commercial bookings and organisations; these rates include: heating, lighting, kitchen facilities etc..

ISSUE 5

If you don't have access to the internet and would like to book the hall, you can phone 01797 223631.

Don't forget, a deposit is needed to guarantee your booking.

General Information

Local Tide Times

FEBRUARY	Rye	Harbour	Approaches

	Time	O.D.	Time	O.D. Metres
Fr				1.6
				1.8
				2.1
				2.6
				3.0
				3.2
				3.4
	1154			5.4
	0011		1227	3.6
				3.6
				3.6
				3.4
				3.1
				2.5
				2.0
				1.9
		2.1		2.1
		2.5		2.6
				3.1
				3.4
				3.7
		_		3.4
	0023	3.8		3.4
				3.3
				3.2
				3.0
				2.7
				2.2
Fr	0323	2.2	1549	1.8
	Frasion Twentrasion Twentrasion Twentrasion Twentrasion Twentrasion Twentrasion Twentrasion Twentrasion Twentr	Sa 0703 Su 0819 Mo 0917 Tu 1002 We 1041 Th 1117 Fr 1154 Sa 0011 Su 0046 Mo 0121 Tu 0158 We 0239 Th 0327 Fr 0427 Sa 0557 Su 0743 Mo 0909 Tu 1012 We 1100 Th 1139 Fr — Sa 0023 Mo 1139 Fr — Sa 0023 Mo 0057 Mo 0128 Tu 0155 We 0220 Th 01255 We 0220 Th 0247	Time Metres Fr 0541 1.8 Sa 0703 1.8 Su 0819 1.9 Mo 0917 2.2 Tu 1002 2.7 We 1041 3.0 Th 1117 3.2 Fr 1154 3.4 Sa 0011 3.7 Su 0046 3.8 Mo 0121 3.9 Tu 0158 3.8 We 0239 3.6 Th 0327 3.1 Fr 0427 2.6 Sa 0557 2.1 Su 0743 2.1 Su 0743 2.1 Su 0743 2.1 Su 0743 2.1 Th 1139 2.8 We 1100 3.2 Tu 1012 2.8 We 1100 3.2 Th 1139 3.4 Fr — — Sa 0023 3.8 Mo 0128 3.7 Tu 0155 3.4 We 0220 3.1 Tu 0155 3.4 We 0220 3.1 Th 0247 2.7	Time Metres Time Fr 0541 1.8 1837 Sa 0703 1.8 1953 Su 0819 1.9 2056 Mo 0917 2.2 2144 Tu 1002 2.7 2224 We 1041 3.0 2300 Th 1117 3.2 2336 Fr 1154 3.4 Sa 0011 3.7 1227 Su 0046 3.8 1301 Mo 0121 3.9 1336 Tu 0158 3.8 1415 We 0239 3.6 1500 Th 0327 3.1 1555 Fr 0427 2.6 1712 Sa 0557 2.1 1857 Su 0743 2.1 2028 Mo 0909 2.5 2137 Tu 1012 2.8 2229 We 1100 3.2 2311 Th 1139 3.4 2348 Fr — — 1213 Sa 0023 3.8 1244 Su 0057 3.8 1313 Mo 0128 3.7 1343 Tu 0155 3.4 1409 We 0220 3.1 1313 Mo 0128 3.7 1343 Tu 0155 3.4 1409 We 0220 3.1 1434 Th 0247 2.7 1503

Flood Warnings

Floodline

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Local Police



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RYE & DISTRICT LIONS

Rye & District Lions would like to thank the Christmas shoppers at Jempsons, Peasmarsh and Jempsons Budgens, Rye, who generously contributed to the buckets held by Rye & District Lions Club members outside both supermarkets before Christmas. A total of £1,400 was donated which will all be given to various charities, local, President of Rye Lions, national and international over the coming months. The Lions concert that the Lions would would also like to thank collect outside their two stores. Lions funds, some of which

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Bumper Burns Brass Benefit

Beckley Village Centre was packed to the rafters last Friday, when a Burns Night Brass Band Concert, organised Scottish theme from Sussex by Rye & District Lions, was a Brass, and a haggis was duly complete sell-out. In fact, during the week before, many applicants for tickets were disappointed as all tickets were played a wide selection of sold in advance. This was the third concert run by Rye Lions and, as in previous years, the takings from the event were for conductor, Steve Hollamby, Macmillan Cancer Support. A interspersed the musical total of £760 was raised on the numbers with information



evening but Bill Coleman, announced at the end of the increase their total donation to was raised at the Christmas collections at Jempsons and Budgens.

The packed audience enjoyed an evening of music with a "piped" in at the start of the concert. In addition to the Scottish theme, Sussex Brass music from classical, pop and shows, finishing with a rousing "Sussex By the Sea". The

about the music, anecdotes and jokes. The audience clapped in time to many numbers and many took to their feet with crossed hands to join the band and the Lions in an appropriate encore for Burns Night of "Auld Lang Syne", . Bill Coleman also thanked Sussex Brass, the audience and particularly Beckley Motors for their assistance with ticket sales. Rve & District Lions are not resting on their laurels, however, as they Jempsons for allowing them to Macmillan to £1,000 from Rye enjoyed an evening meal at the Green Owl, Camber last Tuesday and will be assisting Hastings Lions with their half-marathon on 16th March. They will also be taking names for the annual lunch that they provide for the over-70s at Rve Community Centre, which is scheduled for 6th April. If any adult in Rye and surrounding villages is interested in joining Rye & District Lions, who have great fun in raising money for those less fortunate and also enjoy socialising, please ring 0845 833 2825.

Conrad Freezer

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NEIGHBOURHOOD WATCH



Full details on can be viewed on: www.ryeharbournewsletter.org

Police Community Support Officers

For Rye Harbour Ruth Brunton

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purposes.
The above two numbers

are recorded for policing

should always be used to report any new crimes or incidents. However, if you'd like to leave me a message regarding an existing matter or pass on information you can do so either by calling or emailing: phone0845 60 70



999 Extension:21892

This Months Comments

3 calls were made about youths seen causing a disturbance in the area. The Rye Harbour Garage has been subject to ongoing vandalism both myself and Pcso Bevan have been working hard to get this building made safe this is at present ongoing. Oil was taken from the Village Hall this has now been made secure

Daniel Bevan

My Contact Details

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The above two numbers should always be used to

report any new crimes or incidents. However, if you'd like to leave me a message regarding an existing matter or pass on information you can do so either by calling or emailing: phone0845 60 70 999 Extension:19186



The Harbour Area has had a Quiet December compared with last year, with only a handful of calls to the police, these calls were for the roadworks being faulty on Rye Harbour road, and to

This is the link for all up to date information

http://www.sussex.police.uk/neighbourhood_policing/nptnopc.aspx

NEIGHBOURHOOD WATCH Cont...

people selling door to door in the Mary Stamford Green Area.

The Old Rye harbour garage has eventully been boarded up, after a joint operation led my Myself and PC Hanson and Rother District council officers, due to recent damage to the vacant building, which was causing some safety concerns.

A oil Tank behind the Village hall in Rye harbour was tampered with, but no Oil was taken, this has now been bricked up and made safe.

There have been further complaints scooters in the Rye harbour and Frenchmans beach area, Hi Vis patrols have continued, and one bike was recently seized in Rye.

Damage - Harbour Road

Local yard on the industrial estate had damage caused to an entry gate, no access was gained nut does appear to have been an attempted break in.Between 1:00pm Sat 26/01/08 and 7:00am Mon 28/01/08 444 of 28/01/08

Police Community Support Officer

Police Community Support Officers (PCSOs) assist Neighbourhood Specialist Constables by providing a visible, accessible, familiar and reassuring presence within the local community.

PCSOs spend the majority of their time patrolling their local area, providing help to the public and dealing with incidents of nuisance and anti-social behaviour by engaging with communities. By dealing with minor incidents PCSOs help NSCs to make more effective use of their time – acting as trained 'eyes and ears' to enable regular officers to focus on dealing with issues that require their additional range of powers and training.

PCSOs can also be given a number of limited powers which allow them to deal with low level crime and other quality of life issues.

SUSSEX POLICE

In an emergency dial 999

For all other calls use 0845 60 70 999. If responding to a NHW by e-mail message please quote the Serial No. and date or the Crime Reference No.

Crimestoppers: 0800 555111 Information about any type of crime can be given anonymously on this

number. Trading Standards: 01323 418200

Hastings Borough Council ASBO (Anti Social Behaviour Order)

Helpline: 0800 783 6084

Rother Antisocial Behaviour Co-ordinator: 01424 456160

Harbour Watch

Do you want to be kept up to date with Neighbourhood Watch information about crime prevention advice and issues relating to your area.

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It's as easy as sending an e-mail to hastingsandrothernhw@sussex.pnn.police.uk to join. Pease make sure that the subject reads 'SUBSCRIBE'.

If you would like to received the NHW information at a different e-mail address, then include this in the message body.

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Rye & District Lions Club

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- Launched in Rye on Tuesday 16th October 2007 by Rye & District Lions Club

This scheme has already been successfully launched in other areas of the UK by the Lions and been warmly welcomed by members of the public and the emergency & social services.

If a person already routinely wears a MEDIC ALERT or similar necklace or bracelet, they should continue to wear it. MESSAGE IN A BOTTLE is not a replacement for these schemes, but can be used as an extra means of providing important information when someone is unable to do so. The scheme involves the completion of a form with information that the emergency services needs, putting the form in a bottle and then putting the bottle into the fridge and placing a green sticker on the fridge door and another sticker inside the front door to alert the emergency services if called.

Rye & District Lions Club, in association with Boots in Rye, have placed a stock of these bottles in Boots, 18 High Street, Rye, for people living in Rye and nearby villages. Vulnerable people, or people living on their own, or their carers are invited to collect the free bottles from Boots in Rye. Posters promoting the scheme will be displayed in doctors' surgeries, village halls etc.

The Lions motto is "We Serve" and they believe this MESSAGE IN A BOTTLE scheme brings real benefit to the community.

Should any club or organisation like to know more, they should contact Malcolm McDonough on 01797 253111 and a short presentation can be given by the Lions to any club or organisation and answers given to any questions or concerns that they may have.

> **Conrad Freezer** Vice-President & PRO **Rve & District Lions Club**



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Rye Harbour Nature Reserve Report

he reserve is feeling increasingly 'wintry' as we move towards the end of the year, and one very noticeable sign of this is the increasingly large numbers of ducks on Castle Water. One such bird is the Wigeon (pictured), a medium-sized dabbling duck with, in the male, a very colourful plumage consisting of a largely grey body with a pink breast and a chestnut head with bright buff forehead. As with all ducks females are less colourful, though the drab

PAGE 16

browns of most other dabbling ducks is replaced with a lovely cinnamon colour! As a breeding bird, Wigeon in Britain are England and Scotland, though tens of thousand of individuals visit our shores during the winter, mainly from Iceland, Scandinavia can be seen at Castle Water at this time of the year, often birds such as Lapwing, grazing en masse on the

grassland around the

ISSUE 5

Recent volunteer work parties have included

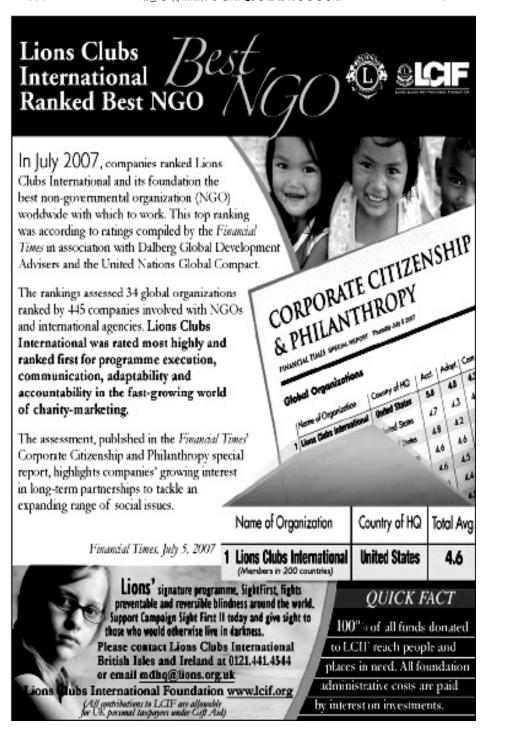
filling in vehicle ruts on the Parkes Hide path (an extremely muddy and back-breaking job!) and removing Elder and largely confined to northern Hawthorn from West Beach and nearby areas of Harbour Farm. While we were sad to see some of these trees go, this was necessary to deny perching sites to Crows and and Russia. Several hundred Kestrels, hopefully reducing the predation pressure on Ringed Plover and Redshank which breed in these areas during the spring and summer. Also

with this in mind we have begun the process of electrifying some of the new fencing on Harbour Farm to deter Badgers and Foxes.

Barry, Miriam, Chris and Sam

> This article was written for the December issue







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Shout(s): CABIN CRUISER: IN TROUBLE AT HARBOUR **ENTRANCE**

Rye Harbour RNLI lifeboat, B-727, launched on 24/11/2007 at 08.07pm to a small cabin cruiser, in trouble at the entrance to Rye Harbour - the engine had been swamped by a following sea. A tow rope was passed to the casualty. They were then towed back to their moorings at Rye. The lifeboat returned to station at 9.05pm and was ready for service at 9.40pm.

CABIN CRUISER: IN TROUBLE AT **HARBOUR ENTRANCE**

On 25/11/2007, Rye Harbour Lifeboat, B-727 launched at 12.08pm to assist a speedboat alongside the river wall, with one of the occupants running up the wall. It turned out that

LIFEBOAT REPORT

the craft was suffering engine failure.

The boat was passed a tow rope and towed back to Rye Town where it was placed on its moorings.

UNIDENTIFIED DISTRESS SIGNALS HOAX CALL

Dover Coastguard requested the lifeboat launch on 02/12/2007: red flares had been sighted between Rye Harbour and Rye Town. The lifeboat launched at 11.25am, conducting a search of the River Rother towards Rye Town.

At 11.46am the lifeboat reported its position as Rock Channel and that nothing had been found. The lifeboat returned to station at 12.10pm and was ready for service at 12.45pm.

> **SEARCH FOR** MISSING



ROTHER

On 06/12/2008 at 6.35pm, Dover Coastguard requested Rye Harbour Lifeboat, B727 launch to assist with the search for a missing canoeist on the River Rother. The Lifeboat was tasked to search from Monkbretton Bridge to Scotts Float. After two and a half hours of searching, Dover Coastguard requested that they search back to the Fish market at Rye – nothing was found. The Lifeboat continued it search of the River Rother back to the lifeboat Station: arriving back at 9.20pm. The Lifeboat was released from the search and was ready for service at 9.45pm





ISSUE 5

FISHING NEWS

ROUND RYE BAY FOR MORE



for a lot of the trawlers due in part to the situation of having to throw back Cod after having caught them while fishing for Plaice and Soles. The catches of flat fish have fallen as well so the Scallop fishery was seen to be a more productive option; and to get away for now from the quota madness.

First landings have been good with reports of more Scallops being caught further to the west in the channel by British and French boats combining to month when the biggest make a well-supplied market

ovember has seen with the prices reflecting this. a big change over The weather is playing its part to Scallop fishing by being unsettled with gales on some days and too much wind on others for most boats to get to sea especially as the scallopers fish further out, well clear of land. After the good run of fishing that the netting boats have enjoyed for the many months, their catches have dropped off and are relying on a few Soles and Plaice whereas most would be after Cod if the quotas allowed. One fish that hasn't shown in any big numbers is the Herring, November was the catches were made when the

fisherman used drift nets set from the surface down and mostly at night. A couple of good landings have been made by the Hythe boats that are launched off the beach but it is a very limited market nowadays and no-one really fishes for them from Rve but it is unusual that none have been caught as a by catch in either the gill nets or trawls that are fished in the bay.

Bov Ashore

This article was written for the December Issue

In Aid Of Rye Castle Museum

Tuesday 12th February 2008:

An illustrated talk - "Romney Marsh at War" - by Edward Carpenter 7.30pm at the Museum, 3 East Street Rye.

Saturday 8th March 2008:

Coffee Morning - 10.30am - 12 noon at the Museum, 3 East Street, Rye

Tuesday 11th March 2008:

"Vita and Harold" - Nina Thorndyke and Vernon Reeve deliver readings form the words of Vita Sackville -West and her Husband Harold Nicholson. - 7.30pm at the Museum, 3 East Street Rye

Many thanks, Jo Kirkham

WHATS ON - IN YOUR LOCAL AREA

FEBRUARY

FRI 1st

Rye Art Gallery - 'Come Gentle Spring', runs till 9th March. Easton Rooms open from 10.30am – 1pm 2pm - 5pm closed Tuesdays

SAT 2nd

Brede Steam Engines - Brede Water Works from 10am – 4pm

SUN 3rd

A Winter Ramble Around

Pettlevel – A look at the Wintering birds of the levels and a visit to the hide Great Dixter – Snowdrop & Crocus at Pannel Valley Nature Reserve. Please bring your own binoculars if you have them. Meet at the road side pool at Pett Level at 10am, return about 2pm (4 miles). Donations appreciated.

SAT 9th

Antique & Quality Collectables

Held at Rye Community Centre, Conduit Hill from 9.30am - 4pm

FRI 15th

Rye Scallop Festival - Runs till 24th February. Web site www. ryebayscallops.co.uk

SUN 17th

Friends of Rye Wurlitzer – Return of the UK'S No1 organist Robert Wolfe. Tickets available on door £5.50 per person includes refreshments. Concert starts 2.30pm at Thomas Peacocke, Community College. www.geocities. com/ryewurlitzer

MON 18th

Fun Bird Activities – Join in the half term fun of learning about nesting birds during National Nest Box week and make tasty treats to take home to your garden birds. Call into Lime Kiln information centre between 11am -3pm throughout the week for craft activates. Children must be accompanied by an adult. Donations appreciated.

SAT 23rd

Camber Castle Wildlife & History

A chance to see the inside of Camber Castle and to explore the new reedbed excavations of Castle Water and see what Wildlife hides amongst the reeds. Meet at Brede Lock Car Park at 1pm return about 4pm (2.5miles).

Donations appreciated.

Great Dixter – Snowdrop & Croucus week- end 10am – 4pm

MARCH

SAT 1st

week-end from 10am – 4pm Rve Art Gallery - 'Come Gentle Spring' at Easton Rooms from 10-30am - 1pm 2pm - 5pm closed on Tuesdays. Ends on 9th March.

SUN 2nd

Project Kabubbu 2008 - The village hall Northiam, a special Mother's Day concert with The Welsh Wizard Bryon Jones on wersi electronic organ. Tickets £6 include interval refreshments. Doors open 1.30pm. concert starts 2.30pm. Ticket Info 01424 44058

SAT 8th

Antique & Quality Collectables

Held at Rye Community Centre, Conduit Hill from 9.30am - 4pm

FRI 21st

Easter Eggstavaganza in Camber

Castle – A fun family event, hunting for Easter Eggs in Henry VIII'S castle. All children must be accompanied by an adult. Cost £2 per child (Adult Free). Pre-booking essential 07999861759. Parking at Brede Lock car park. Start times available when booking onto the event.

Annual Marble Mach - Battle information 01424 773721

Easter Bonnet Parade – Battle information 01424 773721

Easter Egg Hunt – Yesterday's World, Battle, runs till 24th.

Information 01424 893938

Pigram Trail - Bodiam Castle, runs till 24th. 01580 830196

SAT 22nd

Spring Beach Clean - Help removal of Winter Rubbish. Also see Wheatear & Sandwich Tern. Meet Rve Harbour car park 10am with work gloves if you have them. Hot soup served at 1pm

Antiques & Quality Collectables

Held at Rye Community Centre. Conduit Hill from 9.30am – 4pm

SUN 23rd

Antiques & Quality Collectables

Held at Rye Community Centre. Conduit Hill from 9.30am – 4pm

THUR 27th

Rye Players presents – 'Puss in Boots' at Rye Community Centre, Conduit Hill from 7.30pm. Runs till 29th

SAT 29th

The Friends of Rye Harbour Nature

Reserve - Swifts, slide illustrated lectures at Winchelsea Beach Community Hall from 7.30pm. Admission Free donations appreciated.

SUN 30th

Friends of Rye Wurlitzer - Iain

Flitcroft performing at Thomas Peacocke, Community College at 2.30pm. Doors open 1.30pm, tickets £5.50 includes refreshments.

> PLEASE NOTE RYE FARMER'S MARKET HELD EVERY WEDNESDAY ON STRAND QUAY BETWEEN 10am - 1pm THURSDAY GENERAL MARKET AT ROPE WALK ALL THESE DETAILS ARE IN FULL ON www.ryeharbournewsletter.org



ISSUE 5

THE NATIONAL TRUST

RYE & WINCHELSEA CENTRE **CALENDAR FEBRUARY 2008**

IF YOU ARE A MEMBER OF THE NATIONAL TRUST, WHY NOT JOIN YOUR LOCAL CENTRE?

The Rye and Winchelsea Centre has a programme which we hope will have a wide appeal, with monthly guided walks, outings during the summer, theatre visits and talks on a wide range of subjects throughout the winter months. Our main events in 2007 have included a Coffee Morning held at Cleveland House in Winchelsea and a Symphony Concert held in Cranbrook Church. We ended our year with a Christmas lunch, attended by over 100 people at the Powerdermill Hotel, Battle.

If you are interested in joining us our membership costs £5.00 (five pounds) for a single member and £9.00 (nine pounds) for two adults in one household. For more information please contact our Membership Secretary, Ms Marion Brunt on 01424 883566.

The Annual General Meeting of the National Trust – Rve & Winchelsea Centre will be held on Friday 15th February at 7.30 p.m. in Beckley Village Hall. The meeting will be followed by wine and nibbles.

WALK

Saturday 1st March: Meet at 10.00 a.m. in the car park of the Red Lion Pub in Brede.

This morning walk of approximately 3.5 miles, is a repeat of a very successful walk in March 2007. We will again visit the Victorian water Pumping Station near Brede and a collection will be taken which will be donated toward the upkeep of the Pumping Station.

The walk will be followed by a Pub lunch.

Leader: Roger Brown – telephone 01797 366977.

NON MEMBERS ARE VERY WELCOME

TALK

Thursday 20th March at 2.30 p.m. in Beckley Village Centre. Noel Varley presents a talk entitled: "From Harbour to Strand 1850 to 1950".

There is an entrance charge of £1.50 for members and £2.00 for non members which includes refreshments.

NON MEMBERS ARE VERY WELCOME.

Angela

Medium Psychic Consultant

Tarot Reading Clairvoyance Divination



ISSUE 5

Tel: 01424 202576 Mob: 07899 660311 Able to take Credit Card readings

WHAT DO YOUNG PEOPLE GET UP TO THESE DAYS ?

Just look at what they can get up to

SAILING - CANOEING - MOTOR BOATS with RYA and BCU QUALIFICATIONS - OFFSHORE YACHTS - MOTOR VESSELS and the SQUARE RIGGER 'ROYALIST'

Instruction:

Seamanship - Engineering - Clerical Work - Fieldcraft Duke of Edinburgh's Award Scheme

RYE SEA CADETS

ROCK CHANNEL, RYE — Telephone 01797 224720

Mondays and Fridays 7 - 9 p.m. Boys and Girls 12 - 18 years Junior Section: Mondays only - Boys and Girls 10 - 12 years

Rye Harbour Church News

ere is a reality check. How do you see yourself? Some people have a positive image of themselves, others a negative one. Some think that they can do no wrong (it's always someone else's fault), others are conscience-stricken and crippled by doubts. Some become angry and work out while others show patience when difficulties arise. Some can never see their own faults (that's most of us) but see only too clearly the of this world's sin. The failings of others. Ash marks the start of the



Peni, Sancte Spiritus

Season of Lent, 40 days (more or less) leading up to free". Easter (23rd March – very early this year). The focus frustrated when life doesn't is on Jesus' ministry which Sunday 10th 9.15 a.m. leads him to the Cross. Lent is a time for our own reflection, to see ourselves both in the light of God's love and also in the midst way through Lent is to see Wednesday (6th February) God's love in Christ as His response to our sinfulness

and failings. We have all fallen short of the glory of God but that is overshadowed by God's undying concern for us. The reality is that we are very human. The truth

is that we are loved eternally and raised to new life in Christ. Jesus reminded us that "the truth will set us

Services at the Harbour Church in February:-

Sunday 24th 10.30 a.m. Family Service

Holy Communion

Do come and join in worship and fellowship.

> **Hugh Moseley** (01797 222430)

Rye Harbour Heritage http://www.ryeharbour.net



FOOT AND HAND PAMPER - November 23rd 3 - 8pm

Come for a free taster session of hand and foot massage by local therapists and try out my new range of hand and foot creams.

Light refreshments - Gift ideas for Christmas 20% off any therapy booked with me that day - £1 off all products.

TELEPHONE ROS GREEN 07774 013560 FOR DETAILS

It's Chitting Time....!

We stock early, 2nd early & main crop Potatoes Also Onions, Shallots & Garlic & much more Large selection of Vegetable & Herb Seeds We accept National Gardens Gift Vouchers Free local delivery

Friendly Free Advice - Large Car Park - Loading Service
Opening 10am - 5pm 7 days a week (10am - 4pm Nov - Feb)
Harborough Nurseries Plant Centre
Guestling Thorn (On main A259)
01424 814220

THE RIVERSIDE RESIAURANT

The River Haven Hotel, Quayside, Rye, E Sussex, TN31 7EL TEL: 01797 227982

Healthy Eating Fish Night Fresh fish from Rye Catch Every friday night from £8.50 per person

Valentine's Ball 16th February Bucks fizz on arrival. 4 course dinner with 1/2 bottle of house wine and disco £27.50 per person (Group bookings only)

ABBALICIOUS
70/80's Night
15th March 4
Course Dinner
£27 per person



www.riverhaven.co.uk



www.ryeriversiderestaurant.com

Rye Bay Scallop Festival from 15th February Come and try a selection of classic scallop dishes From £7.50 per person

Senior Citizen's Lunch Every Wednesday 12 - 2 pm 2 Courses - £4.95 Booked

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Why not try our superb Sunday Carvery? From £8.50 pp

Tai Chi at Rye Harbour Village Hall? What's it all about then?

Tai Chi Ch'uan originates from ancient China. Nowadays it is practiced throughout the world as an effective exercise for health. Tai Chi consists of fluid, gentle movements that are relaxed and slow in tempo.

Tai Chi facilitates the flow of Qi (pronounced Chee) through your body. Qi is the life energy that circulates throughout the body, performing many functions to maintain good health. Practicing tai chi helps to strengthen your Qi, therefore improving your health.

It can be practiced almost anywhere and is a suitable form of exercise for just about anyone. Scientific studies have shown that tai chi relieves stress and improves concentration and integrates body and mind.

To most people Tai Chi is a slow moving form of gentle exercise that has become associated with relaxation, stress relief and health improvement.

Some people will also have heard that it is a martial art. All of this is true.

Tai Chi promotes natural correct posture. Throughout the exercise the cardiovascular system is gently exercised. Because of the positions the student adopts throughout the movements, strength is gradually increased, especially in the legs. By holding the spine in correct alignment and turning and moving the waist, the student stimulates the parasympathetic nervous system that results in a decrease in heart rate and dilation of the blood vessels resulting in improvement in the circulation. This is the body's restraint on the flight or fight syndrome and is of vital importance in lessoning the effects of negative stress.

The practise of Tai Chi not only benefits the body, but also the mind. The form that is learnt consists of many different movements. The mind is so absorbed by this that day-to-day worries are left aside. This results in a perceptible increase in mental sharpness and self-confidence as the student becomes more proficient.

When asked "What is the most important reason to study Tai Chi?", Master Cheng Man Ch'ing replied, "The most important reason is that when you finally reach the place where you understand what life is about, you'll have the health to enjoy it."

Classes are held in the Village Hall on Thursday evenings from 7:30-8:30 (beginners/intermediate) where all are welcome.

The Teacher, Stuart, has studied Tai Chi and other internal martial arts for over seventeen years. He is a certified instructor with: Zhong Ding Traditional Chinese Martial Arts Association; The Tai Chi Union for Great Britain and Dr Paul Lam's Tai Chi for Health Program. He also holds a current first aid certificate and full indemnity insurance cover.

WWW.1066TAICHI.COM

Family Announcements CONGRATULATIONS BIRTHDAY

Happy Birthday mummy on $26^{\rm th}$ January love Ronnie and Freddie belated due to no Newsletter, sorry!

.What a fantastic turn out we had for the children's xmas party on Sunday 16th Dec with approx 40 children joining the celebrations, thanks to all who helped throughout the past year with the 'Jumble Sales', and a special thank you to Father 'Ben' Christmas.

Thank you to Bernie at the 'Conk' for a lovely Children's Christmas party on Xmas Eve.

JUMBLE

The Jumble Sale on Saturday 2nd February in Aid of the Children's Christmas Party & The Senior Citizens Christmas Party for 2008 raised £119.00, Julie would like to thank all who helped and contributed plus Brenda for her famous cheese scones, which have become a essential part of any jumble sale.

Apparently someone is often leaving 'Jumble' at the village hall, we only store jumble when we advertise the date of a jumble sale being booked, so unfortunately this jumble gets dumped in the rubbish bin, so please don't leave jumble there, thank you.

THANK YOU

Lil Cutting would like to thank all the friends who kindly sent her flowers and cards following her recent move to Rye after many years living in Rye Harbour.

HOSPITAL

Doris Cutting is home now, after her time in hospital.

SYMPATHY

Sympathy to Marcus and family who has recently in November, lost his mother.

Reports by Julie & Sylvia

YOGA FOR YOU

Anyone interested in Yoga at the community centre. Which day would be convenient, which time and if people are interested, would they prefer once or twice a week. A teacher from the REED Gym sould like to start classes in the Harbour. Please put a note in Marcu's post box in the village shop. Thank you

Heidi Foster



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